

# 2024 Alera Group Medical Plan Options: At a Glance (Propel Colleagues)

This chart provides an “at a glance” look at all the resources available through the Alera Group medical plans and carriers. See details about all of the medical plan options and resources on [MyAleraGroupBenefits.com](https://www.MyAleraGroupBenefits.com).

	\$3,200 HDHP Premera	\$6,000 HDHP Premera	PPO Premera
<b>Provider Network</b>	Premera	Premera	Premera
<b>Employer HSA Contributions</b>	\$500 / \$1,000	\$1,000 / \$2,000	Not available
<b>Prescription Drug Coverage</b>	Premera	Premera	Premera
<b>Mental Health Support*</b>	Spring Health	Spring Health	Spring Health
<b>Virtual Care Services</b>	Premera	Premera	Premera
<b>Expert Medical Guidance and Second Opinions</b>	Included Health	Included Health	Included Health
<b>Care Coordination</b>	Premera	Premera	Premera

\*You do **not** have to be enrolled in an Alera Group medical plan to access Mental Health Support through Spring Health.