

# 2025 Alera Group Medical Plan Options: At a Glance (Propel Colleagues)

This chart provides an “at a glance” look at all the resources available through the Alera Group medical plans and carriers. See details about all of the medical plan options and resources on [MyAleraGroupBenefits.com](https://www.myaleragroupproducts.com).

	\$3,300 HDHP Premera	\$6,000 HDHP Premera	PPO Premera
<b>Provider Network</b>	Premera	Premera	Premera
<b>Employer HSA Contributions</b>	\$500 / \$1,000	\$1,000 / \$2,000	Not available
<b>Prescription Drug Coverage</b>	Premera	Premera	Premera
<b>Mental Health Support*</b>	Spring Health	Spring Health	Spring Health
<b>Virtual Care Services</b>	Premera	Premera	Premera
<b>Expert Medical Guidance and Second Opinions</b>	Included Health	Included Health	Included Health
<b>Care Coordination</b>	Premera	Premera	Premera

*\*You do **not** have to be enrolled in an Alera Group medical plan to access Mental Health Support through Spring Health. Alera Group covers the cost of up to 10 visits, members are responsible for cost after 10 sponsored visits.*