

ALERA GROUP – Cigna Dental

Dental Programs	Description
Oral Health Integration Program (OHIP)	<p>OHIP is a Cigna Dental Health Connect® solution – a no additional cost program for people with certain medical conditions that lead to a higher risk of oral health issues. If you qualify and participate in the program, you'll get reimbursed for out-of-pocket costs for preventive dental treatments that combat issues such as gum disease and tooth decay.* Plus, you can get guidance on everything from overcoming dental anxiety to understanding the impact of tobacco.</p> <p>* You do not have to meet your DPPO deductible to receive reimbursement for these services. However, reimbursement will apply to and is subject to your annual benefits maximum as well as plan rules for visits to network dentists and out-of-network dentists.</p>
Dental Virtual Care	<p>Toothaches, chipped teeth and oral infections don't care what time of day it is. But neither do the Cigna HealthcareSM Dental Virtual Care dentists. If you need dental care and are unable to reach your regular provider, you now have the option to consult with a dentist through a video call. The best part? Cigna Healthcare Dental Virtual Care is available 24 hours a day, 7 days a week, 365 days a year! It is available in all 50 states.</p>
Healthy Rewards	<p>Healthy Rewards is a group of health and wellness vendors that Cigna Healthcare has partnered with to provide retail discounts to all Cigna Healthcare members. There are no claim forms or referrals; customers pay discounted rate for services and work directly with the vendor. Members access the program online through myCigna.com or by calling 800-CIGNA24 (800-244-6224).</p>
Dental Customer Engagement Program	<p>A program that uses dental claims data to proactively identify and address potential gaps in care. Targeted communications are sent throughout the year to help customers become engaged and aware.</p> <p>Campaign Objectives:</p> <ol style="list-style-type: none"> 1. Increase registration on myCigna & drive utilization of myCigna digital tools 2. Educate customers on the importance of routine preventive care, as well as following up with periodontal/orthodontia treatment if needed, and steer customers to network dentists. 3. Brand awareness
Tools and Resources	Description
myCigna.com & Mobile App	<p>myCigna.com and our mobile App provide a differentiated, personalized customer experience to make it easier for customers to get affordable, quality care and engage in managing their health and well-being.</p> <p><u>Benefits Management/Consumerism:</u></p> <ul style="list-style-type: none"> • Cost and quality decision support tools • Provider directory including verified patient reviews and cost efficiency ratings through the Brighter Tool • Find in-network dental providers • Manage and track claims • View, print and send ID cards

Gum Disease Risk Assessment Tool	<p>Periodontal disease, also called gum disease, is a chronic bacterial infection of the gums and bone supporting the teeth. It is caused by certain bacteria that are found on teeth and in the spaces between the teeth and gums. Diagnosing gum disease and getting appropriate treatment is important. Why? Because if left untreated, the disease can progress, which may lead to tooth loss. On top of that, research continues to show that gum disease may have an effect on several serious health conditions. This means that having regular dental check-ups and any needed treatment for gum disease is important not only for your mouth, but for your overall well-being.</p>
Cavity Risk Assessment Tool	<p>Tooth decay, often referred to as cavities, is the most common chronic disease of children and adolescents. In fact, it's four times more common than asthma in adolescent-age children. Also, many adults have tooth decay. Research has shown 92% of adults 20 to 64 have had cavities in their permanent teeth and 26% of adults 20 to 64 have untreated decay.</p>
Oral Cancer Awareness Quiz	<p>You can get cancer anywhere in your body, including in your mouth and throat. But oral cancer can strike at any age—whether you use tobacco or not. It's smart to know the signs and learn how to prevent it.</p> <p>These tools can be found on myCigna. Select Coverage, then Dental to find these assessments at the bottom of the page..</p>
Dental Benefits	Description
Orthodontia Coverage	<p>NEW for 2025: On the Enhanced PPO plan, orthodontia coverage is available for any age, both children and adults.</p>