

# Benefit all year long.

**From finding a doctor to booking the visit, your Included Health care team does it all for you. During Open Enrollment and beyond, we're here to help at no cost to you.**

**Need a new doctor?**

Your care team does more than find the perfect fit for you—they book the visit.

**Need a second opinion?**

We connect you to a leading expert from one of the nation's top institutions.

**Need answers now?**

Chat with a nurse for answers on where to go for the right care.



**Start benefiting.**

[includedhealth.com/  
aleragroup](https://includedhealth.com/aleragroup)

**What is Included Health?**

We're the care you need, the way you want. From finding top in-network doctors and specialists to booking the visit for you, we get you the right care, right away.

**How does Included Health help with healthcare costs?**

Your personal care team helps you save on care by making sure your doctors are in-network and by having world-class specialists review your current care.

**What else can Included Health help with?**

Connect with healthcare experts for help understanding symptoms, side effects, and more. We get you the right specialist or doctor for your needs.

**Who can use Included Health?**

Included Health is available at no cost to all eligible members.

Included Health is available to all eligible associates and their covered dependents enrolled in a medical plan with Alera Group.

**Get the most out of your benefits before year end.**



**Use the app**

Download the Included Health app from the App or Google Play store.



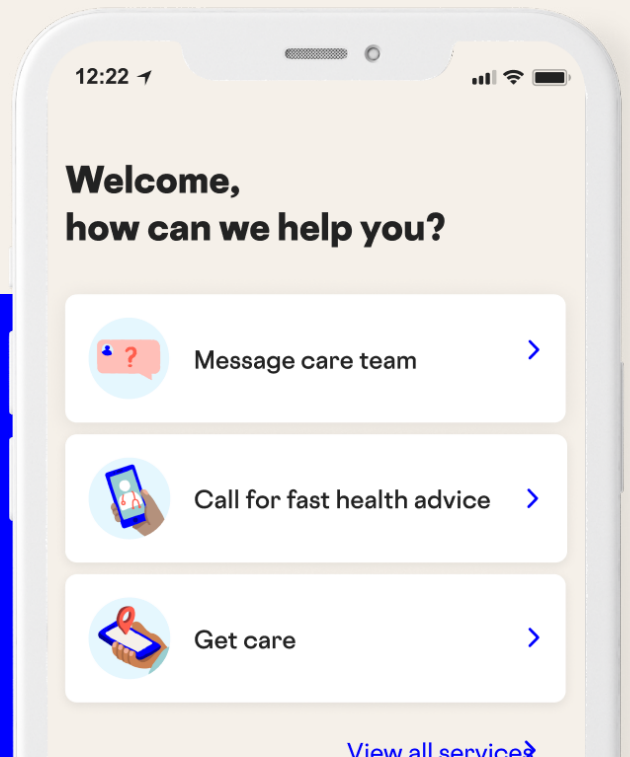
**Give us a call**

Call 1-800-929-0926. Hours are 8 a.m.-9 p.m. ET (Mon.-Fri).



**Visit our website**

Go to [includedhealth.com/aleragroup](https://includedhealth.com/aleragroup) to get started.



**Start benefiting.**

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