

# Need healthcare help? You got it.

Included Health is your no-cost  
Alera Group health benefit.



**Handling healthcare alone? Not anymore.** You've got Included Health to do it all for you. We're on call to help find a top doctor, answer all your health questions, and even get you an expert second opinion.

**Who can use Included Health?**  
Included Health is available to all eligible Alera Group employees and their covered dependents enrolled in a Alera Group medical plan.

**How much does it cost?**  
Included Health is fully covered by Alera Group and available at no cost to you or your covered dependents.



## Healthcare help is here. Hooray!



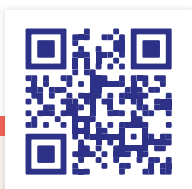
Get expert medical advice—on your phone, on your sofa.



Find top doctors in your network and in your neighborhood.



Get an expert second opinion from a top specialist for your condition



←  
download the app



**Learn more.**  
[includedhealth.com/aleragroup](https://includedhealth.com/aleragroup)  
1-800-929-0926

