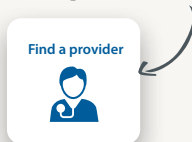


# Find a provider

Finding a network provider on **umr.com** or the **UMR app** has never been easier

**1** Go to **umr.com** and select **Find a provider**



**2** Search for **UnitedHealthcare Choice Plus Network** using our alphabet navigation or type **UnitedHealthcare Choice Plus** into the search box



Find a provider on the go. Log in to the **UMR app** and select **Find care**



continued on back »

# 3

For medical providers, choose **View providers**. For behavioral health providers (including counseling and substance abuse), select **Behavioral health directory**



**REMEMBER:**  
Get the most from your benefit plan – use participating network health care providers whenever possible.

## UnitedHealthcare Choice Plus:

The UnitedHealthcare online provider directories include network hospitals, primary physicians and specialists. The following information is available:

- Provider name, address and phone number
- Hospital affiliation
- Board certification
- UnitedHealth Premium® Quality & Cost Efficiency designations that highlight physicians by quality of care and cost standards in their specialty
- Average costs for care in your area and how different providers compare to the local average
- Provider ID number
- Office language capabilities (English, Spanish, etc.)
- Map and directions to each office